

Professor Rick Clark

8th Dan

Leeds Shinseido and the **Kaizen Martial Arts Academy** are pleased to present a seminar with Professor Rick Clark, on his first visit to the UK in 2 years.

Professor Clark teaches the use of **Vital Points** to enhance the **striking** and **grappling** techniques of any system or style to achieve maximum effect.

Whatever your martial art, Professor Clark's methods will improve your techniques and enhance the way you train.



Where: **Kaizen Martial Arts Academy, Swinnow Grange Mills, Stanningley, Leeds, LS13 4EP.**

When: **1 – 5 pm Sunday 6th April 2008**

Cost: **£25**

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